



## **FOR IMMEDIATE RELEASE**

Oct. 2, 2023

Amy Phelps, Public Information Officer

[Amy.j.phelps@wv.gov](mailto:Amy.j.phelps@wv.gov)

Cell phone: 304-588-9697

Direct line: 304-420-1468

### **Flu season/RSV season and vaccines**

Fall is here, and the Mid-Ohio Valley Health Department encourages everyone to make an appointment to get their seasonal flu vaccine, as well as an RSV vaccination.

The CDC recommends everyone 6 months and older receive their flu vaccine, generally before the end of October.

“Getting a flu vaccine is important for those who are at higher risk for getting severe cases, such as those with chronic health conditions, those that are 65 and older, pregnant women and young children,” said Amy Phelps, Public Information Officer. “A flu vaccine will help protect yourself, your loved ones and your community.”

Respiratory syncytial virus, or RSV, is a common virus that generally spreads around the same time as the flu. It can cause other serious infections, such as lung inflammation and pneumonia, and is the most common cause of serious infections in children under the age of 1. The new vaccines reduce the risk of developing serious cases of the illness.

Those most at risk include premature infants, young children with weakened immune systems, adults with weakened immune systems, pregnant women and those 65 and older.

To make an appointment for a flu or RSV vaccine, please call your local office:

- Calhoun: 304-354-6101
- Pleasants: 304-684-2461
- Ritchie: 304-643-2917
- Roane: 304-927-1480
- Wirt: 304-275-3131
- Wood: 304-485-7374

###

The Mid-Ohio Valley Health Department serves Wood, Wirt, Calhoun, Pleasants, Ritchie and Roane Counties. It is located at 211 Sixth St. in Parkersburg. The offices are open 8 a.m. to 4 p.m. Call 304-485-7374 or visit the website, [movhd.com](http://movhd.com) for more information. Follow them at Mid-Ohio Valley Health Department MOVHD on Facebook and @MOVHealthDept on Instagram and Twitter.